

PRIVATE SESSION RATES

ONE-ON-ONE

\$100 | ONE 50-Minute Session

\$575 | FIVE 50-Minute Session

\$850 | TEN 50-Minute Session

SEMI-PRIVATE

\$85 | ONE 50-Minute Session

\$75 | FIVE 50-Minute Session

\$63 | TEN 50-Minute Session

*2-3 People. Rate is per person

ETIQUETTE

- Stay hydrated by drinking plenty of water the day before and after your session.
- Arrive 7-10 minutes before your scheduled appointment time. Especially if you need to change your clothes.
- Plan to come after a light meal. Bring healthy snacks and plenty of water.
- Wear comfortable clothing, not too baggy.
- Turn off all technology and remove jewelry, during the session.
- Refrain from wearing perfume, deodorant, cologne.
- Be aware that your hair may get messy during the session. Bring a brush if needed afterward.
- Sessions end with a light chat.

NEED ANSWERS?